



**Walla Walla
General Hospital**

1025 South Second Avenue
Walla Walla, WA 99362
Phone: 509-527-8302
Fax: 509-527-8304
wwgh.com

FOR IMMEDIATE RELEASE

March 3, 2015

CONTACT

Amy Alderman, amy.alderman@ah.org
p. 509-527-8302

WALLA WALLA GENERAL HOSPITAL TO OFFER SAFE SITTER® BABYSITTING COURSE

Education classes teaches life and safety skills for young teens

WALLA WALLA, Wash. — Walla Walla General Hospital has become a Registered Safe Sitter® Teaching Site and will offer a comprehensive training program for young teens ages 11 and up. The class trains students to handle emergencies when caring for younger children and provides them with tools needed to stay home alone safely.

“Although WWGH has offered babysitting classes for many years, we’ve chosen to work with Safe Sitter® to ensure that young teens are prepared for situations that might arise when they are home alone watching younger children,” says Sharryl Toews, community health education specialist.

To graduate from the Safe Sitter® course and receive a completion card, students must pass a rigorous practical and written test that indicates their mastery of key concepts and safety skills.

Students who complete the Safe Sitter® program gain confidence and learn how, why and where injuries can happen so they can be prevented. The Safe Sitter® program follows American Heart Association standards for rescue skills as well as instruction in first aid techniques from the American Academy of Pediatrics. Students are taught infant and child choking rescue and infant, child and adult CPR. They also learn how a child’s age affects how to care for them, how to prevent problem behavior, how to run their own babysitting business, as well as issues of online and cell phone safety.

The Safe Sitter® courses are \$35 each, and will be held two consecutive Sundays from 9:30 a.m.–4:30 p.m. in the WWGH Auditorium on: March 22 & 29, June 7 & 14, and August 2 & 9, 2015.

For more information about Safe Sitter® or to register for one of the courses, visit wwgh.com/classes or call the WWGH Community Health Education department at 509-522-2424.

###

About Safe Sitter

Safe Sitter® is a non-profit organization originally developed by a pediatrician. The course offers well-rounded youth development program that aims to reduce the number of avoidable and unintentional deaths among children being cared for by young teens. Safe Sitter® follows American Heart Association standards for rescue skills as well as instruction in first aid techniques from the American Academy of Pediatrics.

Walla Walla General Hospital is part of Adventist Health, a faith-based, not-for-profit integrated health care delivery system serving communities in California, Hawaii, Oregon and Washington. Our workforce of 28,600 includes more than 20,500 employees; 4,500 medical staff physicians; and 3,600 volunteers. Founded on Seventh-day Adventist health values, Adventist Health provides compassionate care in 19 hospitals, more than 220 clinics (hospital-based, rural health and physician clinics), 14 home care agencies, seven hospice agencies and four joint-venture retirement centers. We invite you to visit wwgh.com for more information.