**→**Adventist

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## "HEARTWORK" COLORING CONTEST GENERATES 383 ENTRIES FROM WALLA WALLA VALLEY CHILDREN

Selected winners and honorable mentions displayed at Book & Game Company

WALLA WALLA, Wash. — Walla Walla General Hospital's "HeartWork" children's coloring contest, which encourages youth to express their unique views on heart health in conjunction with February's National American Heart Month, received 383 entries in its second year.

Eight winning submissions — four selected from each age category, ages 4–7 and 8–11 — will be displayed at Book & Game Company in downtown Walla Walla from Feb. 14–28, 2015. Winning entries included submissions from Curtis (1<sup>st</sup> place, age 6), Leila (2<sup>nd</sup> place, age 7), Chelsea (honorable mention, age 6), and Jack (honorable mention, age 6); Alyssa (1<sup>st</sup> place, age 11), Haley (2<sup>nd</sup> place, age 10), Sofia (honorable mention, age 10) and Marlee (honorable mention, age 9). Additional entries will be displayed in Creekside Café at WWGH through the end of the month.

"HeartWork allows children to use their imagination to express what it means to them to live a heart healthy," says Olga Ochoa, MD, pediatrician at Adventist Health Medical Group. "Kids play an instrumental role in keeping their family and loved ones accountable for the health of their hearts. A coloring project is a great way to have that conversation."

Participants were prompted with the question and statement on the coloring sheets, "How do you care for your heart? Draw it! Whether it's a favorite sport, healthy food, or special person whose heart you care about, show us your HeartWork. Prizes will be awarded for most creative and inspiring masterpieces."

Entry forms were made available through Adventist Health Medical Group – Pediatrics, Rogers Adventist School, Milton-Stateline Adventist School, Liberty Christian School, College Place School District, Walla Walla School District, as well as a downloadable entry form online at wwgh.com/heart.

"Any opportunity to educate our children and the Walla Walla community on how to live a heart-healthy lifestyle, I consider a success for everyone involved," says Ochoa.

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Walla Walla General Hospital is part of Adventist Health, a faith-based, not-for-profit integrated health care delivery system serving communities in California, Hawaii, Oregon and Washington. Our workforce of 28,600 includes more than 20,500 employees; 4,500 medical staff physicians; and 3,600 volunteers. Founded on Seventh-day Adventist health values, Adventist Health provides compassionate care in 19 hospitals, more than 220 clinics (hospital-based, rural health and physician clinics), 14 home care agencies, seven hospice agencies and four joint-venture retirement centers. We invite you to visit wwgh.com for more information.